



## SOUND BATH INTERGRATION SESSION

Sound healing techniques use sound, vibration, and intention to gently transition a person from his or her normal waking state of consciousness (beta) to a highly relaxed state of consciousness (alpha/theta). In this relaxed state, a person's own innate healing abilities can work more effectively to bring the person back into optimal vibrational alignment that enhances overall health and well-being.

We at (Soul Sound Sanctuary by Tonia, LLC) are not a licensed health professional. As such, we will not diagnose, prescribe substances, perform medical treatment, or interfere with the treatment of a qualified physician or other licensed medical professional. The services we offer are considered complementary to traditional western medical practices.

Please note that part of the session involves the placement of vibrating objects near or on the body of which some give off very high or very low-pitched sounds (for private sessions only). If you have reason to believe that these objects and the sounds, they make may cause discomfort, pain, or injury, please advise before the session begins. Also, I understand that the practitioner may place their hands on my body for support or healing, in addition to, the bowls (e.g., third eye, shoulders, feet, back, etc.) with permission "only" (Most group sessions do not include individual touch).

I have read and understand the above disclosure. My signature further acknowledges that I shall not now or at any time in the future bring any legal action against Soul Sound Sanctuary by Tonia, LLC, Sound Healing + their volunteers/employees & affiliates/associated with the studio space in case of personal injury and damage. I hereby release the listed businesses & organizations from all liability, negligence or other claims arising from or in any way connected with my participation.

My signature is binding to this liability waiver from this day forth.

Date:

X

Yin Yoga and Sound Bath Attendee

### How did you hear about us?

- Facebook       Eventbrite       Yoga Studio       Instagram       Friend



## **SOUND BATH INTERGRATION SESSION**

**To learn about upcoming classes and sessions please provide your email:**

**THANK YOU!**